

TEMPLE SINAI SERVICES AND EVENTS

Day	Date	Time	Description
Fri	5/1	6:30-8:30pm	TEACHER APPRECIATION SHABBAT <i>(Link on Website)</i> Service at 6:30. Kaddish at 7:30. Virtual Oneg at 7:45
Sat	5/2	9:30- Noon	MORNING SERVICE and TORAH STUDY <i>(Link on Website)</i> One hour chanted Service 9:30 Torah Study 10:30 <u>Parashat Acharei-Mot</u> <i>(control+click)</i> <i>(How might setting limits create holiness? How might crossing limits?)</i>
Sat	5/2	8:00pm <i>Note Time</i>	HAVDALAH Facebook Live <i>Temple Sinai Facebook Page</i>
Sun	5/3	11 an	PARENTING THROUGH A JEWISH LENS <i>(Registration Required - See E-mail for Details)</i>
Sun	5/3	7 pm	SUNDAY EVENING MINYAN for Yahrzeit and Mourning with OZ Go to Ohavi Zedek's website, click on home image "connected" and look for the link.
Mon	5/4	6pm	HEALING CIRCLE
			!!!SPECIAL EVENT - NEXT FRIDAY - SPECIAL EVENT!!!
Fri	5/8	Details to Come	DAN NICHOLS CONCERT FOR TEMPLE SINAI <i>We will have a short service followed by a concert by Dan Nichols!</i>



Shalom Temple Sinai!

It was so meaningful and moving to see so many of you at Marc Kamhi's funeral service. It is so hard these days to mourn when we can't be near one another or have the rituals that help us gain closure, (*Please check out Seven Days' article on grieving to read about Judy Alexander's experiences with her mom's death, and Marc Kamhi and his family's experience as he approached death. [Here is a link.](#)*) so seeing so many people coming to honor Marc and to be there for his family felt particularly important at this time. Our love goes out to Marc's family, and especially Laura, Joanna and Reid.

I also know that while some people are getting *too much* together time right now, others of us are feeling quite lonely and separated from people. Loneliness is built-in to this period of distance, but over time it can start to eat away at our sense of self-esteem, especially when we see stories of people having fabulous cocktail parties and movie screenings with their fabulous fun friends via ZOOM. We all like seeing one another on Zoom, but it can also leave us feeling our distance more acutely. This podcast on *Hidden Brain* on loneliness was recommended to me by a congregant, and I wanted to share it with you. The program ends on a powerful point: what we need now is physical distancing, not social distancing. We need to find ways of being socially connected while being physically separated, and the podcast has some nice ideas. [Here is the link.](#) If you are feeling particularly lonely, please reach out to those close to you and also please reach out to me.

On a positive note, we had a meaningful service with the loyal few who came to our Yom Ha'atzmaut Celebration, and we all had a good time with Beatles' Shabbat. I look forward to when we can have it in person, and I am very excited about our upcoming TEACHER APPRECIATION Shabbat and about our special DAN NICHOLS concert next Shabbat. Please join us.

UPCOMING EVENTS, CLASSES, AND SERVICES AT TEMPLE SINAI

SAVE THE DATE: DAN NICHOLS Friday, May 9.

Dan Nichols is one of the superstars of the Jewish music scene, and a very popular part of Reform Jewish summer camps and concerts. He has been the Artist in Residence at B'nai Jeshurun and many of temples in North America, and he has put out at least 13 albums. As you might remember, **Dan Nichols** was coming to Temple Sinai to lead a Shabbaton next weekend, but because of Covid-19, we have had to postpone. Today when I was talking to him, Dan was nice enough to offer a **concert for us or be part of services next Friday night, MAY 8.** I'm still working out the details, but next FRIDAY NIGHT we will have a concert just for Temple Sinai, so please PLEASE put that on your

calendar. It will be a great introduction to Dan, who will be coming back in person when that becomes possible.

TEACHER APPRECIATION SHABBAT *and Oneg to follow*

Friday, May 1, 6:30 pm ZOOM



Parents all know it is not always easy to get kids to Hebrew school, and those who teach know it's not always easy to teach kids after a full day of regular school. This year, our teachers really stepped up to the plate, working our Jewish Values and Hebrew Life Vocabulary into their work, and then shifting all our work into distance learning. This Friday night, we will

have a service that will celebrate and thank the teachers and acknowledge how important that work is. Please join us!

TORAH STUDY with RABBI EDLESON –

***Parashat Acharei Mot* Leviticus 16:1-20:27**

This is the portion we read on Yom Kippur, with the story of the *scapegoat*, as well as rules on taboo relationships, rules against homosexuality, cross-dressing, and fabric blends! It can be a tough portion for modern progressive people, but it also deals with what large ideas of it means to be holy, and how putting boundaries on our behaviors is one way to build a life with a sense of holiness. It also tells us that the land itself has power and can spit us out if we sin; this sense of the land as a participant in the drama of human life takes on new meaning in the age of climate change. Here is a [link to the Reform Movement's page on this portion](#), and here is a [link to Sefaria's text with commentary](#).

PARENTING THROUGH A JEWISH LENS II

Sunday, May 3 11am – noon *We have room left in the class!*

Rabbi David Edleson and Rabbi Tobie Weisman will be co-teaching a 4-week Parenting through a Jewish Lens class on Zoom that will continue this Sunday, May 3 from 11-noon. Teaching will be based on a curriculum designed by Hebrew College in Boston. This will be a text-based discussion class from ancient and modern Jewish sources. Texts will be sent out in advance of each class. Each week will focus on a different topic.

- Sunday, May 3: Parenting for Responsibility
- Sunday, May 17: G'd Talk and Spirituality
- Sunday, May 24: Making Space for Self Expression
- At a date in the near future, we will have an in-person meal together focusing on Hopes and Dreams for Our Children.

Co-sponsored by Jewish Communities of Vermont and Temple Sinai.

Please RSVP to: Rabbi Tobie Weisman at rebtobie@jcv.org.

OTHER OPPORTUNITIES:



NEED HELP YOURSELF? Help with shopping, pressing repairs at your home, pet care, etc.? Contact the Chaverim @ chaverim@templesinaivt.org or the Social Action Committee @ tikkun-olam@templesinaivt.org

MI SHEBEIRACH LIST: As we all get through this together, we would like to ask you to keep us informed about any illnesses and recoveries in your family. We will use this in our *mi shebeirach* prayers (prayers for healing) but also to follow up and see how you are and if there is anything we can help with. Just send emails to our **Chaverim Committee** (*chaverim* = “friends” or members”) chaverim@templesinaivt.org